

# FITBENCH

## WHERE FUNCTION MEETS FITNESS

FITBENCH is the newest innovation in workout bench solutions, designed to hold everything you need to complete your workout program while also providing storage and reducing clutter, it's where function meets fitness.







## SPECIFICATIONS

	FITBENCH
Unit Weight	165 lb bench + 285 lb weights (75 kg bench + 130 kg weights)
Width	17" (43 cm)
Length	46.5" (118 cm)
Height	20" (51 cm)
Construction	Steel
Wheels & Handles for Mobility	●
Anchor Points for Bands/Ropes	●
2 Commercial Kettlebells	20 & 30 lbs (8 & 12 kg)
6 Commercial Dumbbells	5, 10, 15, 20, 25, & 30 lb (2, 4, 6, 10, 12, 14 kg)
Custom Resistance Bands	3 Different Band Sizes
Storage	●
Cellphone Compartment	●
Warranty	5 Years - Structural Steel Frame 2 Years - Structural Moving Parts 6 Mos. - Wheels, Levlers, Top, Covers/Sleeves



## FITNESS

- Fitness bands and battle ropes can be attached at the anchor points
- Doubles as a plyobox for stepping or jumping on/off
- Adjustable benchtop allows user to engage their core
- Add variety to your HIIT circuit training with various weights, resistance and agility moves

*Specifications subject to change without written notice.  
Warranties outside the U.S. may vary - Please contact your dealer for details.*



## FORM

- Constructed with cold rolled steel and durable composite molded top
- Space saving and compact design

## FUNCTION

- Multiple storage areas for weights, kettlebells, medicine or slam balls
- Built in handle and wheels make it easy to move the bench when not in use

**FOR ADDITIONAL INFORMATION ABOUT THIS PRODUCT  
VISIT [WWW.WOODWAY.COM](http://WWW.WOODWAY.COM) OR CALL 800.WOODWAY TO TALK TO A REPRESENTATIVE.**