

...Because life is most enjoyed hands-on!

Spring 2016 Catalog

For over 50 Years we've had a Handle on chronic arthritis joint pain management.

the Therabath Story...

Since 1962, the Therabath Professional Paraffin Wax Bath has proudly been manufactured to FDA Class II Medical Device standards in the USA. Our team hand assembles and tests each Therabath unit ensuring that every single one leaves our factory durable, safe, and reliable.

As a single-line brand, we work as a team to maintain our unsurpassed level of expertise in the paraffin therapy market. We focus our marketing efforts on educating end-users and professionals on paraffin therapy benefits and proper treatment techniques.

With just 25 employees and onsite manufacturing, we have **total control over quality** evident in our products.

The secret to our longevity? A true passion for improving lives and getting arthritis pain sufferers back to enjoying the things they most enjoy in life! Each patient, client or homeuser will experience the benefit of paraffin therapy with every use, along with a renewed energy to enjoy life, hands-on!





Benefits of paraffin thermotherapy:

Medical

- Provides therapeutic relief of pain due to arthritis, joint inflammation, muscle stiffness, and injury.
- Provides Instant warmth and relaxation
- Increases circulation promoting renewed tissue
- The high thermal-conductiviity of paraffin wax provides a treatment that may penetrate deeper into tissue than other therapies.

Aesthetics and Spa

- Topically moisturizes skin
- Plumps and hydrates to minimize the appearance of fine lines and wrinkles
- Opens pores to detoxify
- Leaves skin soft and healthy looking







For over 90 years, paraffin moist heat therapy has been used to relieve pain, inflammation and stiffness in muscles and joints. In fact, **paraffin therapy is recognized by the FDA as a heat modality for arthritis pain**! The warm paraffin instantly forms a shell as it begins to cool on the skin of the treatment area (hand, foot or elbow) as it is immersed in the wax. This shell (or "glove") seals in the heat effectively increasing circulation/blood flow and causing perspiration. The increase in blood flow helps to promote new tissue generation, while the perspiration trapped under the glove moisturizes the skin from the inside out.







www.therabath.com

The Therabath Difference experience, safety and service.



Therabath Professional Paraffin Bath units are hand-assembled and tested in our Minnesota factory ensuring that each and every one leaves durable, safe, and reliable. The Therabath is the single USA made paraffin bath approved for sale in Canada and Europe (EU).

- Made in the USA since 1962
- Designed for reliable 24/7 operation
- · Large tank accommodates up to a men's size 14 (US) foot
- 110V and 220V electrical options available

Therabath Model TB6 paraffin units feature a deeper, 9lb maximum wax capacity tank in the same portable table top footprint as previous 6lb models. This equates to 25% more treatments, or, 15% higher wax coverage when dipping!



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THERABATH

Unsurpassed 5-Year Limited Warranty

Under normal use and service, the Therabath 5 Year Limited Warranty has you covered! For complete warranty details visit our website at www.therabath.com.

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Therabath Professional TB6 - 110V TB7 - 220V Paraffin Bath Scent SKU SKU Wintergreen 2300 2302 ScentFree™ 2320 2322 PeachF™ 2310 2312 2332 Lavender Harmonv™ 2330 Cucumber Melon w/ Thyme 2340 2342 Fresh Squeezed Lemon 2375 2373 **Blooming Lilacs** 2378 2379 2383 2382 Vanilla Cupcake 2389 2390 Warm Apple Spice Grapefruit Tea Tree 2353 2354 Eucalyptus Rosemary Mint 2357 2358 2393 2395 Cranberry Zest

Box Contains:

- 1 Therabath Paraffin Bath
- 6 lbs. (2.72 kg.) refill paraffin
- 1 tank bottom grille
- 1 lid with integrated handle
- 1 6 ft. IEC receptable cord
- · 1 paraffin therapy guide
- 5 Year Limited Warranty

Unit dimensions: 14" X 8" X 8", (36 X 20 X 20 cm) Unit weight: (full) 15lbs (6.80 kg) Unit capacity: (full) 9lbs (4.08 kg) Operating Temp.: 124° - 134° F.

(52.5° - 56.7° C)

The difference is in the details...



Removable IEC Fully Insulated, Oversized Anodized-Aluminum Tank Power Cord

Additional Safety Features:

- Internal thermostats maintain an ALWAYS SAFE therapeutic temperature range
- Electrical safety tested to FDA Class II Medical Device Standards
- Rubberized feet securely grip table surface





Integrated Handles Safely Increase Mobility

Lid with Integrated Handle





Clean, no-mess glove removes easily.

Pliable wax exercises the hand for a more intense therapy.

Wax remains soft, supple and elastic long after the treatment!

Therabath Professional Paraffin Wax:

- is made in the U.S.A
- · contains only FDA Food Grade ingredients
- is odorless, colorless and hypoallergenic, then lightly scented and tinted
- · contains only premium quality essential oils
- is expertly blended with all required oils to remain soft and supple, while leaving no oily residue - no need to add additional oil!
- is suitable for use in all paraffin baths

SKU

kg)



Pliable, therapeutic paraffin delectably soft, undeniably youthful.

Therabath Professional Paraffin Wax remains residue-free, while building thick, pliable layers in an easy-to-remove glove. Our paraffin is soft and pliable eliminating the mess found with dry, brittle paraffin waxes. Use the cooled, pliable ball of wax to effectively exercise the hand during rehabilitation, or enjoy soft, youthful, deeply moisturized, and healthy looking skin!





Lightly scented and tinted



Easy-pour 1lb packages

6 lbs SKU	24 lbs
(2.72 kg)	(10.88

Wintergreen	0100	0150
ScentFree™	0101	0151
PeachE™	0102	0152
Lavender Harmony™	0107	0153
Cucumber Melon w/ Thyme	0122	0154
Fresh Squeezed Lemon	0130	0159
Blooming Lilacs	0134	0161
Vanilla Cupcake	0138	0163
Warm Apple Spice	0136	0162
Grapefruit Tea Tree	0144	0168
Eucalyptus Rosemary Mint	0146	0169
Cranberry Zest	0174	0175

NEW! Seasonal Scents online at www.therabath.com

ScentFree™ dye & fragrance free, hypo-allergenic







Scents to satisfy every personality...



Cucumber Melon w/Thyme calming, healing herb thyme essential oil







Fresh Squeezed Lemon antiseptic, uplifting citrus lemon essential oil



Blooming Lilacs fresh blooming lilacs lavender essential oil



Cranberry Zest fresh, clean and moisturizing aloe, vitamin e, apricot and jojoba oils



Eucalyptus Rosemary Mint relaxing and therapeutic eucalyptus, rosemary and peppermint essential oils



GrapePruit Tea Tree energizing ruby red grapefruit grapefruit and tea tree essential oils



Warm Apple Spice juicy apples, fresh spices & pear clove & cinnamon essential oils

Paraffin Scent

Extend the Heat with Insulated Comfort

NEW



item # 2718

Comfort Heated Mitts When you are away from your Therabath Paraffin Bath, these heated mitts provide the ultimate in comfort and warmth! Simply microwave to warm, or place in the freezer to chill. The utlimate gift of relaxation at an affordable price! Sold as a single mitt, or as a pair of 2 mitts.

Filled with rice & herb blend. Luxurious blue fabric outer cover is Machine-washable. Made in the U.S.A.





Plush Insulated Mitts Hook/loop closure. 8 oz. fiber-fill

insulated. One size fits most. Made in the U.S.A.

Item - # 2410



Plush Insulated Boots Feature a contoured toe for the best fit, and hook/loop closure. 8 oz. fiber-fill insulated. One size fits most. Made in the U.S.A.

ltem - #2411



PRE-TREATMENT SPRAY AND HYDRATING CREAM



Pre-Treatment Cleansing Spray (a-b) Refreshing formula cleanses skin and nail area prior to paraffin application. Contains oils of lavender, camphor, and peppermint Made in the U.S.A.

> 4 oz. - item # 2434 8 oz. - item # 2437

Intensive Hydrating Cream (c-d) Ultra-rich, non-greasy formula intensifies the hydrating results of paraffin treatments. Enriched with aloe vera, vitamin E, and natural emollients. Unscented. Made in the U.S.A. 4 oz. - item # 0226

8 oz. - item # 0220

MITT & BOOT LINER BAGS



Enhance Therabath Paraffin Treatments

Convenient kits include all of the items needed for the most effective hand, foot or face paraffin treatment.



Super Accessory Kit

2 Insulated Mitts • 2 Insulated Boots • 80 Facial Strips • 40 Body Strips • Paraffin Bowl with Handle

 Paraffin Ladle • 4 oz. Hydrating Cream • 4 oz. Pre-Treatment Spray • 1" Facial Brush • 2" Body Brush • 100 Mitt/Boot Liners

Super Accessory Kit - item # 2403





item # 2400



2 Insulated Plush Boots 100 Mitt/Boot Liners 4 oz. Hydrating Cream 4 oz. Pre-Treatment Spray

item # 2401

More kits availabe online at www.therabathpro.com!



PARAFFIN APPLICATION TOOLS



Ceramic Paraffin Ladle Scoop paraffin from Therabath unit to bowl, or to bag for "no-dip bag & ladle" treatments. 2 oz. capacity.

Porcelain Paraffin Bowl Heavy-duty with sturdy handle. Easily transport paraffin from Therabath unit to the treatment area. 9 oz. capacity.

Paraffin Ladle - #2642

Paraffin Bowl - #2641 Application Brushes

Natural bristles. Feature glossy white handles. Sizes: 1" facial or 2" body Made in the U.S.A.

1" - # 2209, 2" - #2210



APPLICATION STRIPS



www.therabath.com

COMBO KITS

therabath quick tips

hands 1. Cleanse hands or mist with Pre-Treatment Spray. 2. Apply a light coat of Intensive Hydrating Cream. 3. Spread fingers slightly, hold the hand flat, and slowly immerse into paraffin. Remove hand immediately from paraffin. 4. Wait 5 seconds, allowing the paraffin "shine" to go away, indicating the wax is dry. 5. Repeat steps 3 and 4 to make a warm "glove": 3 times - light therapy and skin moisturizing • 5-15 times - intense therapy. The more layers of paraffin, the more heat and length of the therapy. 6. Cover hand with plastic liner bag and plush mitt. 7. After 5-30 minutes, remove mitt, move hands and

- fingers to loosen paraffin, removing it in liner bag.
 - 8. Discard used paraffin.

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therabath quick tips

feet

- 1. Mist feet with Pre-Treatment Spray.
- 2. Apply a light coat of Hydrating Cream.
- 3. Spread toes slightly, and slowly immerse into paraffin. Remove foot immediately from paraffin.
- 4. Wait 5 seconds, allowing the paraffin "shine" to go away, indicating the wax is dry.
- 5. Repeat steps 3 and 4 to make a warm "glove":
 - 3 times light therapy and skin moisturizing
 - 5-15 times intense therapy. The more layers of paraffin, the more heat and length of the therapy.
- 6. Cover foot with plastic liner bag and plush boot.
- 7. After 5-30 minutes, remove boot, move toes and ankle to loosen paraffin, removing it in liner bag.
- 8. Discard used paraffin.

NOTE: feet are generally more sensitive to heat than hands - dip only a portion of the foot on the first dip, and the entire foot on subsequent dips)

face

- 1. Use a headband to hold back hair. remove all makeup, cleanse skin, apply desired serums and place cotton pads over eyes.
- 2. Ladle approximately 1 cup of paraffin into a small bowl. Set aside bowl and a natural bristle paraffin brush
- 3. Hold the edges of a pre-cut gauze Pacial mask or paraffin strips with both hands, saturate with wax and then allow excess wax to drip off.
- Lay coated mask or strips on face add-4. ing additional layers of wax using the paraffin brush, or adding layers of strips.
- Relax! Remove mask or strips by peeling 5. gently from the neck up.
- Allow skin to cool before applying makeup. 6.
- Clean application brush by soaking in hot water until soft, then squeeze out excess water with a paper towel

therabath quick tips body

- Place the Therabath and 4-8 paraffin strips as close to the work 1. area as possible. Suggested areas include: elbows, knees, lower leg/calf, thigh, forearm, back, neck or shoulders.
- 2. Holding one end of strip, dip entire strip in paraffin and remove. Hold over Therabath until paraffin stops dripping.
- 3. Wrap area to be treated, stretching strips slightly. Apply additional strips, wrapping and overlapping by half so area has at least 2 layers of paraffin coated strips. The more strips, the more heat and length of the therapy.
- Leave strips in place for approxi-4. mately 10 minutes.
- Slightly massage strips to 5. loosen, tear and remove.
- Discard used strips and repeat 6. as necessary.



therabath quick tips Cleaning Clean unit when you see sediment has built up on bottom of inner tank. Unplug unit, remove lid, & grille and allow paraffin to completely harden Plug in unit for approximately 10 minutes to melt edges of hard paraffin "cake" around the inside of the tank. Lay out paper towels to set wax "cake" on. Turn unit upside down (keeping close to table surface). Holding the long edges of the tank, squeeze the tank outwards away from the wax, shaking gently 4. until the cake releases and slides on to the table surface. Blot up remaining paraffin in tank with a soft paper towel and wipe unit dry. HINT: a hair dryer will melt hard paraf-5. fin drips, then blot them up with a paper towel. Replace fresh paraffin in the tank, place the grille on top of paraffin, and replace lid. 6. Plug in the unit. After paraffin has melted (6-8 hours), add additional wax as 8 necessary to bring up to required level.

Visit www.therabathpro.com for videos and instructions on cleaning and maintaining your Therabath Par<u>affin Bath.</u>



Double-Duty Treatments

Consider all of the activities that we participate in during the warm months -- from gardening and golfing to swimming and biking, the environmental impacts alone cause parched skin, scaly hands and feet, sore elbows, knees and hands. Relieve pain and moisturize the skin in a single paraffin treatment!

Goodbye Seasonal Stresses!

The warm and sweltering spring and summer months can wreak havoc in many different ways to many different areas of the body. Ironically adding a little moist, warm paraffin therapy treatment can prove to be more quenching than an ice-cold beverage!





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